

Assisted Living Advisory Workgroup Meeting
Monday, June 9, 2003
Office of Health Care Quality
Bland Bryant Building
Administration Conference Room
55 Wade Avenue
Catonsville, Maryland

Meeting Agenda

TENTATIVE MEETING AGENDA

- I. Call to Order and Introductions
- II. Approval of Agenda
- III. Approval of Meeting Minutes from Tuesday, May 27, 2003, Meeting
- IV. Presentation by the Johns Hopkins University Regarding the Maryland Assisted Living Study
- V. Review of Brainstorming Document
- VI. Discussion: Small and Large Providers
- VII. Next Steps

Adjourn

Meeting Notes

In Attendance

- Carol Benner, Chair
- Lissa Abrams
- Dorinda Adams
- Bonnie Gatton
- Laura Howell
- Marie Ikrath
- Ron Jeanneault
- Karin Lakin
- Sharon Olhaver
- Jeff Pepper
- Ilene Rosenthal
- Jill Spector
- JoAnne Stough

Advisory Workgroup Members Absent

- Valarie Colmore
- Susan Quast
- Jim Rowe

Interested Parties

- Denise Adams, Department of Aging
- Carol Butler, Caroline County Health Department
- Donna DeLeno, AARP
- Beverly Dolby, Upper Shore Aging
- Adam Kane, Mid-Atlantic Life Span
- Barbara Newman, Maryland Board of Nursing
- Diane Wit, Alzheimer's Association

Guest Present

- Quincy Miles Samus, Research Program Coordinator, Division of Geriatric and Neuropsychiatry, Johns Hopkins University

Staff Present

- Yvette Dixon, Special Assistant
- William Dorrill, Deputy Director for State Programs
- Kimberly Mayer, Policy Analyst

- Valerie Richardson, Licensing Unit Supervision

I. Call to Order

Ms. Benner, Director of the Office of Health Care Quality, called the meeting of the Assisted Living Advisory Workgroup to order at approximately 9:00 AM. Ms. Benner thanked the attendees for their interest in Maryland's assisted living program and asked that all attendees introduce themselves and note what organization they represent.

II. Review of the Agenda

The Advisory Workgroup reviewed and approved the meeting the agenda.

III. Presentation by the Johns Hopkins University Regarding the Maryland Assisted Living Study

Ms. Benner introduced Ms. Quincy Miles Samus, a research program coordinator, with the Division of Geriatric and Neuropsychiatry at the Johns Hopkins University. Ms. Samus presented unpublished findings from a recently completed cross-sectional study of randomly selected small and large assisted living programs in Maryland. There were 198 participants from 22 facilities.

The rationale for the study was that there are many who live in assisted living and little is known about the clinical characteristics of these residents. It is believed that many have dementia and other psychological disorders that often go undiagnosed and untreated. Moreover, the elderly who have these conditions need special care.

The data set consisted of a clinical examination and history from multiple informants and sources; the use of quantitative scales to assess function, behavior, health and quality of life; cognitive battery; consensus conferences; and, a six month telephone follow-up assessment.

The results of the study were chilling:

- Approximately 75% of the residents sampled were over the age of 80;
- The average length of stay in a facility was 25-months;
- The median monthly facility cost was \$2,900;
- 67.7% had DSM diagnosed dementia;
- 26.3% had mood or psychological disorders or delirium;
- 50% of those diagnosed with dementia received full treatment;
- 15% received no treatment, etc.

Presentation handout is attached.

The rates of dementia noted in the study were higher than those that had been traditionally thought to exist in the elderly community. This was the first comprehensive study to look at this issue using direct examination of a random sample.

IV. Review of Brainstorming Document

The Advisory Council reviewed the re-categorized brainstorming document for discussion purposes. It is important to note that the items captured on the brainstorming document are for discussion purposes only and do not reflect items or recommendations that have been agreed upon. The brainstorming document will be used to tease out issues and concerns.

V. Discussion: Small and Large Providers

The Advisory Council discussed the small and large provider issue. The issues that need to be addressed for Maryland's assisted living programs can be categorized as an iceberg. At the tip of the iceberg is the large facilities (16 plus beds). The standards need to be strengthened for the larger homes. Some areas that need to be considered are:

- Assessment;
- Medication Administration;
- Staffing (requiring a on-site registered nurse and awake overnight staff);
- Increase Service Plans;
- Increased Documentation Requirements;
- Special Care Units;
- Training Requirements; and,
- Certification of Managers.

A sub-workgroup was nominated to review these issues. Those selected to serve on the sub-workgroup were: Jeff Pepper, Ron Jeanneault, Adam Kane, Sheilia Mackertich, Barbara Newman, Jill Spector, Laura Howell, Donna DeLeno, Ilene Rosenthal, and Beverly Dolby. It was noted that two additional industry representatives would be needed. The respective trade associations (Health Facilities Association of Maryland and Mid-Atlantic Life Span) will select one additional individual to serve on the group.

VI. Next Steps

The next steps that were identified by the Advisory Workgroup are as follows:

- A presentation by the Maryland Board of Nursing on a Delegating Nurse Study that the University of Maryland has recently completed;
- The member and interested party rosters should be completed by the next Advisory Workgroup meeting; and,
- An iceberg diagram should be developed for discussion purposes for the next Advisory Workgroup meeting.

VII. Materials Distributed

The following materials were distributed at the meeting:

- Meeting Notes from the Advisory Workgroup's May 27, 2003, meeting;
- Re-Categorized Brainstorming Document; and,
- Assisted Living Surveys – Oversight Document.

VIII. Adjourn

There being no further business before the Assisted Living Advisory Workgroup, the meeting was adjourned at 11:00 AM.

Meeting Notes Prepared by: Kimberly Mayer